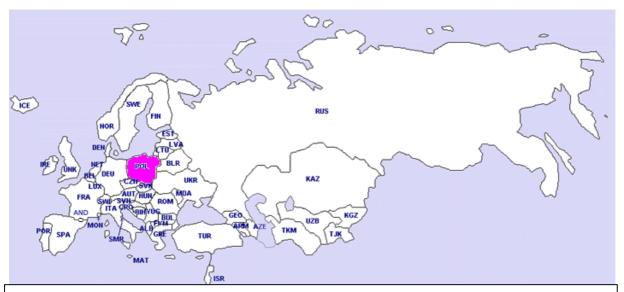




POLAND (POL)

Population: 38.65 million (1997) Area: 312 677 km²



The designations and the presentation of material on this map of the Member States of the WHO European Region (as at 31 July 1997) do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted lines represent approximate border lines for which there may not yet be full agreement.

1. General information

The surveillance of infectious diseases including foodborne infections and intoxications started in 1918 when the National Epidemiological Centre was established to conduct epidemiological and laboratory investigations of outbreaks. In 1923, the name of the Centre was changed into National Institute of Hygiene, where the Department of Food Hygiene and the School of Hygiene were organized. In the course of time, 13 regional branches of the Institute were established with laboratories for microbiological examination of patients, food and water. Information and data on foodborne outbreaks were collected and published in the Epidemiological Chronicle.

In 1952 a new system was established: Sanitary-epidemiological stations became involved in the control and prevention of infectious diseases. The foodborne infections and intoxications surveillance programme is coordinated at the Epidemiological Department of the National Institute of Hygiene, which acts as the national surveillance centre for all statutorily notifiable infectious diseases.

Reports of outbreaks (household and general) are received on a standardized outbreak national investigation form modified according to FAO/WHO Berlin Collaborating Centre guidelines on the WHO Surveillance Programme for Control of Foodborne Infections and Intoxications in Europe.

In 1991 the Chief Medical Inspectorate was reorganized as Department of Public Health, Ministry of Health and Social Welfare. There are 49 Departmental Sanitary-Epidemiological Stations. Each one is subdivided into 3 departments: Epidemiology, Communal Hygiene and

Country Reports: POLAND 1993 – 1998

Food Hygiene. All three departments are involved in prevention and control of foodborne and waterborne outbreaks and have laboratory facilities to examine specimens obtained from patients, convalescents, carriers, contacts and food handlers as well as specimens of food and water. Some of the Territorial Sanitary-Epidemiological Stations have also laboratory facilities (160/330).

The National Institute of Hygiene operates as research, training and supervising centre for the work of the sanitary stations and for collection and analysis of epidemiological data and bacterial strains on the national level. Several reference laboratories are able to diagnose and type strains obtained from hospital and other laboratories. For unusual strains, confirmation of diagnosis is obligatory.

Epidemiological information from all 49 Departmental Stations is collected centrally and published bi-weekly in the form of a "Communicable Diseases Report" available to health authorities.

All infectious diseases are notifiable in Poland under the Public Health Act (1928). Laboratory confirmation is needed for registration of cases of some diseases: cholera, enteric fever, dysentery, salmonellosis, etc.

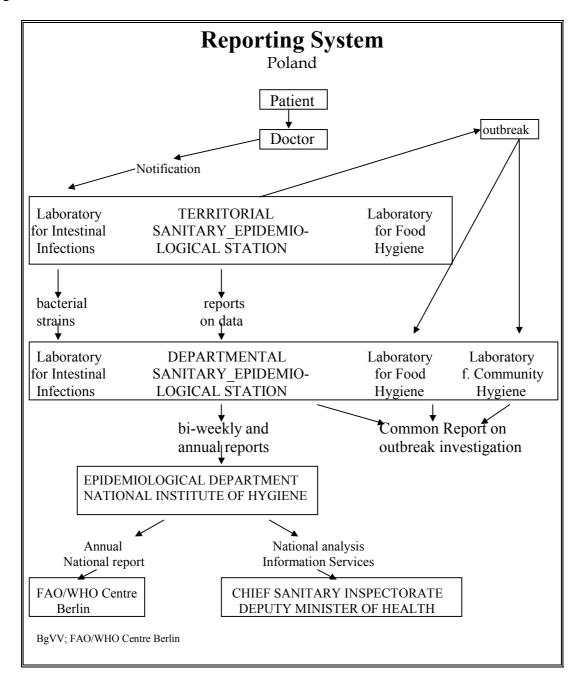
The case of food poisoning should be registered when illness is acute and consumption of food is suspected or known to be the cause, irrespective of whether an organism is isolated from a specimen. If isolated, the type of organism should be stated.

Outbreaks of foodborne infections and intoxications are always registered and epidemiologically investigated if there are four or more people involved. Even a single case of botulism is epidemiologically investigated and registered as an outbreak.

The laboratory methods are standardized. All investigations should be performed according to the methods published by the National Institute of Hygiene.

Diagnostic sera for *Shigella*, *Salmonella* and *E. coli* EPEC are produced by a state- owned enterprise and controlled by the National Reference Center for *Shigella* and *Escherichia* at the National Institute of Hygiene, Warsaw and *Salmonella* only at the Institute for Marine Medicine in Gdynia up to 1993.

Figure PO 1



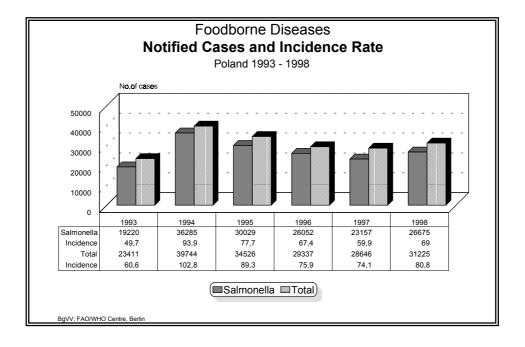
2. Statutory notification

Table PO 1

Notified cases and incidence rate by causative agents of bacterial and chemical foodborne infections and intoxications including mushroom poisonings

			Ye	ear		
	1993	1994	1995	1996	1997	1998
No. of cases Incidence rate	23411 60.6	39744 102.8	34526 89.3	29337 75.9	28646 74.1	31225 80.8

Figure PO 2



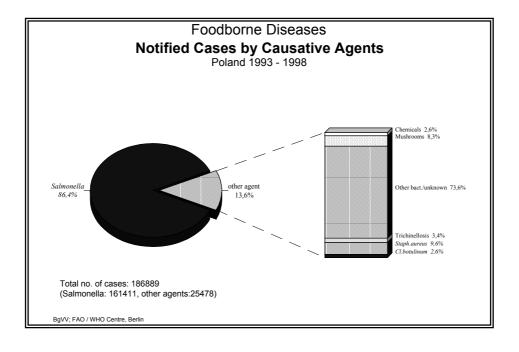
Country Reports: POLAND 1993 – 1998

Table PO 2

Notified cases by causative agents
POLAND 1993 - 1998

			Ye	ear		
Causative agent	1993	1994	1995	1996	1997	1998
Salmonella	19220	36278	30029	26052	23157	26675
Incidence rate	49.7	93.9	77.7	67.4	59.9	69.0
Cl.botulinum	143	116	118	107	81	93
Incidence rate	0.4	0.3	0.3	0.3	0.2	0.2
Staph. Aureus	374	268	760	213	450	375
Incidence rate	1.0	0.7	2.0	0.6	1.2	1.0
Trichinellosis	549	131	90	41	20	33
Incidence rate	1.4	0.3	0.2	0.1	0.1	0.1
Mushrooms	503	666	354	212	173	209
Incidence rate	1.3	1.7	0.9	0.5	0.4	0.5
Chemicals	139	119	185	215	-	-
Incidence rate	0.4	0.3	0.5	0.6	-	-
Other bacteria/ unknown	2483	2166	2990	2497	4765	3840
Incidence rate	6.4	5.6	7.7	6.5	12.3	9.9
TOTAL	23411	39744	34526	29337	28646	31225

Figure PO 3

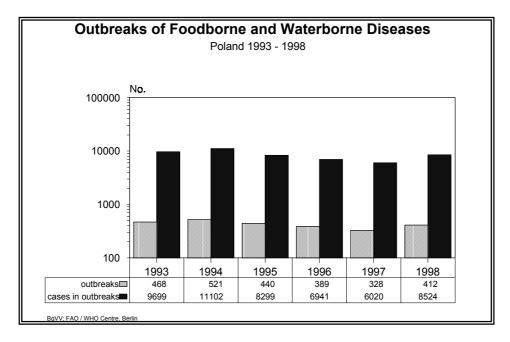


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3. Epidemiologically investigated outbreaks

As mentioned above outbreaks of foodborne infections and intoxications are always registered and epidemiologically investigated if there are four or more people involved. Even a single case of botulism is epidemiologically investigated and registered as an outbreak.

Figure PO 4



3.1 Causative Agents

Table PO 3

Foodborne disease outbreaks and cases in outbreaks - Causative agents POLAND 1993 -1998

Agent		1993-1998	
=	outbreaks	%	cases
Salmonella	2162	84.5	41129
Botulism	10	0.4	46
E.coli	54	2.1	1174
Shigella	54	2.1	1875
Staph.aureus	73	2.9	2088
Trichinella	32	1.3	768
Chemicals	2	0.1	14
Viruses	1	0.0	26
Others	25	1.0	259
Unknown	145	<i>5.7</i>	3067
Total	2558	100.0	50446

Figure PO 5

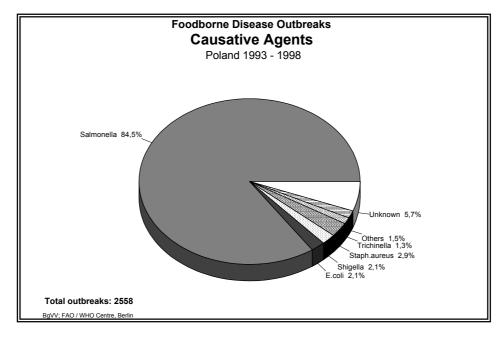
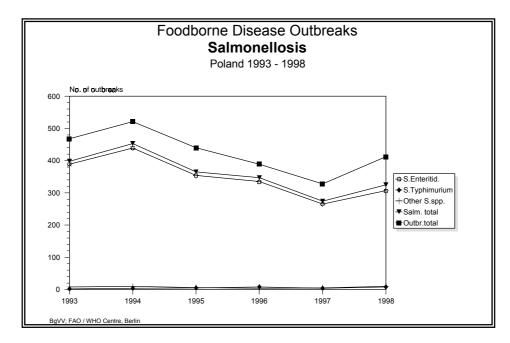


Table PO 4

Foodborne disease outbreaks - Salmonella serotypes
POLAND 1993 - 1998

	19	93	19	94	19	95	19	96	19	97	19	98
	No.	%										
S.Enteritidis	389	97.7	439	96.9	354	97.0	335	96.5	265	96.7	307	94.5
S. Typhimurium	2	0.5	4	0.9	5	1.4	8	2.3	4	1.5	8	2.5
S.Blockley	1	0.3	-	-	-	-	-	-	-	-	-	-
S. Virchow	1	0.3	2	0.4	-	-	2	0.6	1	0.4	5	1.5
S. Manhattan	1	0.3	-	-	-	-	-	-	-	-	-	-
S. Agona	-	-	1	0.2	-	-	-	-	-	-	-	-
S.Infantis	1	0.3	-	-	-	-	-	-	-	-	-	-
S.Hadar	-	-	1	0.2	2	0.5	-	-	1	0.4	1	0.3
S.Heidelberg	-	-	1	0.2	-	-	-	-	-	-	1	0.3
S. Thompson	-	-	1	0.2	-	-	-	-	-	-	-	-
S.Blegdam	-	-	-	-	-	-	-	-	1	0.4	-	-
S.Branderup	-	-	-	-	-	-	-	-	1	0.4	-	-
S.Cholerae	-	-	-	-	-	-	1	0.3	-	-	-	-
S. Newport	_	-	_	-	_	-	1	0.3	_	-	-	-
S.Indiana	_	-	_	-	_	-	-	-	1	0.4	-	_
S.Group D	-	-	-	-	-	-	-	-	-	-	1	0.3
S.Kottbus	_	-	_	-	_	-	-	-	_	-	1	0.3
S.Hadar+												
S.Tsiongwe	-	-	-	-	-	-	-	-	-	-	1	0.3
Other	3	0.8	4	0.9	4	1.1	-	-	_	-	_	_
Not known	1	0.3	-	-	-	-	-	-	_	-	-	-
TOTAL	398	100	453	100	365	100	347	100	274	100	325	100

Figure PO 6



Country Reports: POLAND 1993 – 1998

3.2 Incriminated food

Table PO 5

Foodborne disease outbreaks by incriminated foods
POLAND 1993 - 1998

				}	/ear			
Food	1993	1994	1995	1996	1997	1998	1993	-98
		1	No. of o	utbreak	S		No.	%
Milk and milk products	12	20	22	10	8	11	83	3.2
Milk / milk products	4	15	12	5	1	5	42	1.6
Milk / milk products and eggs	8	5	10	5	7	6	41	1.6
Eggs and egg products	17	23	14	18	11	19	102	4.0
Eggs and egg products	2	3	6	10	7	4	32	1.3
Dishes from eggs	15	20	8	8	4	15	70	2.7
Meat and meat products	105	118	103	81	74	76	557	21.8
Meat/meat products/sausages	17	18	28	15	10	18	106	4.1
Raw minced meat and eggs	27	29	22	15	19	9	121	4.7
Meat products and eggs	48	51	33	32	27	27	218	8.5
Meat and vegetable dishes	0	0	1	1	1	1	4	0.2
Poultry and poultry products	1	4	7	4	10	7	33	1.3
Dishes from poultry and eggs	9	13	11	12	7	13	65	2.5
Venison and venison products	3	3	1	2	0	1	10	0.4
Fish	0	1	2	2	0	2	7	0.3
Soup	1	0	0	0	0	2	3	0.1
Cakes, cakes with cream, sweets, ice-								
cream	197	204	169	158	133	155	1016	<i>39.7</i>
Ready-to-serve meals (Croquettes,								
pancakes, dumplings, mayonnaise,								
vegetable salads)	20	31	19	24	27	49	170	6.6
Various dishes prepared from 2 and								
more raw materials	88	92	70	60	33	37	380	14.9
Drinking water	4	0	8	4	2	2	20	0.8
Others	1	1	0	0	1	4	7	0.3
Not known	19	22	27	31	36	51	186	<i>7.3</i>
Mushrooms	4	9	6	1	3	4	27	1.1
TOTAL	468	521	440	389	328	412	2558	100.0

Figure PO 7

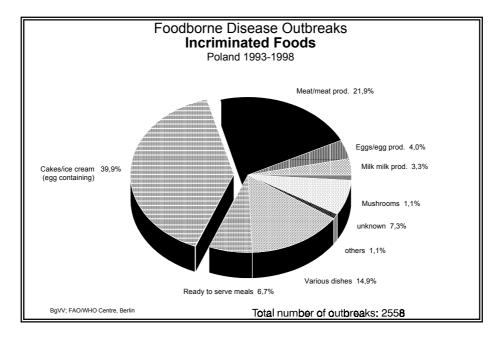


Table PO 6

Foodborne disease outbreaks by causative agent and food POLAND 1993 - 1998

		Milk/-prod.		Eggs/-prod.		Mayonnaise	,	Meat/-prod.		Meat and eggs	Cakes, creams,	ice-cream	Composed	food
	o*	c**	0*	c**	o*	c**	o*	c**	o*	c**	o*	c**	0*	c**
Salmonella	6	57	140	2189	162	3032	47	982	332	5566		17899		7299
Botulism	_	-	_	-	-	-	8	35	_	-	-	-	_	_
E.coli	6	97	1	11	1	25	6	134	2	31	2	22	21	443
Shigella	12	891	_	-	-	-	1	23	_	-	1	7	_	_
Staph.aureus	13	243	_	-	2	31	14	442	3	118	1	11	35	1133
Trichinella	_	-	_	-	-	-	15	590	7	82	-	-	_	_
Chemicals	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Viruses	_	-	_	-	-	-	-	-	_	-	-	-	_	_
Others	-	-	-	-	-	-	-	-	-	-	-	-	6	166
Unknown	6	104	2	11	4	33	7	142	3	27	6	70	22	832
Total	43	1392	143	2211	169	3121	98	2348	347	5824	1016	1800	384	9873
%	<i>1.7</i>		5.6		6.6		3.8		13.6		<i>39.7</i>		<i>15.0</i>	

Country Reports: POLAND 1993 – 1998

Table PO 6 (continued)

	Fish/-wrod	risit/-prod.		Poultry/-prod.	Venison/-	prod.	Vagatables/	wegetantes/ mushrooms	Drinking	water		Others		Unknown
	0*	c**	0*	c**	o*	c**	0*	c**	0*	c**	o*	c**	0*	c**
Salmonella	6	153	91	2124	-	-	2	103	-	-	1	28	69	1697
Botulism	1	4	-	-	-	-	1	7	-	-	-	-	-	-
E.coli	-	_	-	-	-	-	1	28	10	314	1	11	3	58
Shigella	-	_	1	18	-	-	1	7	5	129	1	26	32	774
Staph.aureus	-	-	3	60	-	-	-	-			-	-	2	50
Trichinella	-	-	-	-	10	96	-	-	-	-	-	-	-	-
Chemicals	-	-	-	-	-	-	-	-	-	-	2	14	-	-
Viruses	-	-	-	-	-	-	-	-	-	-	-	-	1	26
Others	-	-	-	-	-	-	19	93	-	-	-	-	-	-
Unknown	-	-	3	76	-	-	3	19	5	83	5	112	79	1558
Total	7	157	98	2278	10	96	27	257	20	526	10	191	186	4163
%	0.3		3.8		0.4		1.1		0.8		0.4		7.3	

^{*} outbreaks

3.3 Area where outbreak occurred

Table PO 7

Foodborne disease outbreaks by place of residence POLAND 1993 - 1998

					Year			
Place of residence	1993	1994	1995	1996	1997	1998	199	3-98
			No. of o	utbreaks	}	-	No.*	%*
Urban	209	230	-	144	134	158	875	41.3
Rural	168	171	-	134	122	156	751	35.5
Mixed (urban + rural)	91	120	-	111	72	98	492	23.2
TOTAL	468	521	-	389	328	412	2118	100.0

^{*} excl. 1995

^{**} cases

Country Reports: POLAND 1993 – 1998

3.4 Place where food was prepared, acquired, eaten or contaminated

3.4.1 Place where food was prepared or acquired

Table PO 8

Foodborne disease outbreaks by place where food was prepared or acquired POLAND 1993 - 1998

					Year			
Place	1993	1994	1995	1996	1997	1998	1993-	98
]	No. of ou	ıtbreaks	5	_	No.	%
Restaurant, bar, cafe	39	76	47	40	35	48	285	11.1
Canteen	8	4	5	4	3	10	34	1.3
School, kindergarten	42	26	30	19	19	37	173	6.8
Medical care facilities (Hospital, nursery)	15	20	21	16	25	23	120	4.7
Private home	298	321	268	253	199	234	1573	61.5
Vacation centre	6	8	5	8	6	9	42	1.6
Other	17	17	20	18	12	28	112	4.4
Various places (2 and more)	43	49	44	31	29	23	219	8.6
TOTAL	468	521	440	389	328	412	2558	100.0

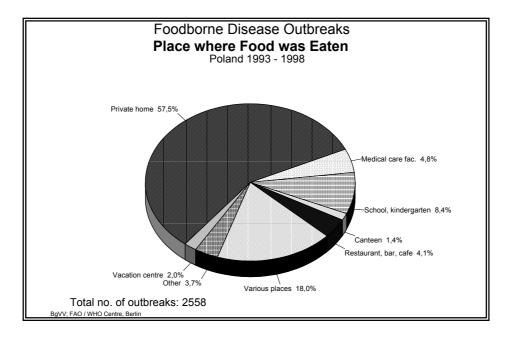
3.4.2 Place where food was consumed

Table PO 9

Foodborne disease outbreaks by place where food was eaten POLAND 1993 - 1998

					Year			
Place	1993	1994	1995	1996	1997	1998	199	3-98
			No. of o	utbreak	s		No.	%
Restaurant, bar, cafe	12	23	16	13	20	21	105	4.1
Canteen	8	4	6	5	3	11	37	1.4
School, kindergarten	50	40	34	26	23	41	214	8.4
Medical care facilities (Hospital,								
nursery)	12	28	22	15	21	26	124	4.8
Private home	275	304	258	240	185	210	1472	57.5
Vacation centre	8	8	6	14	7	8	51	2.0
Other	10	4	7	5	29	39	94	3. 7
Various places (2 and more)	93	110	91	71	40	56	461	18.0
TOTAL	468	521	440	389	328	412	2558	100.0

Figure PO 8



	Private home	Vacation center	Canteen	School,kinder- garten	Sanatorium	Hospital/social care	Orphanage	Restaurant, hotel	Cafe	Excursion	Others	Various places	Dificult to state
					N	lo. of	outb	reaks					
Salmonella	1375	15	24	88	14	43	13	56	14	-	79	440	1
Botulism	10	-	-	-	-	-	-	-	-	-	-	-	-
E.coli	5	4		23	5	7	3	-	1	4	1	1	-
Shigella	5	-	11	9	1	10	9	-	-	1	-	8	-
Staph.aureus	7	11	1	35	5	7	3	1	2	-	-	1	-
Trichinella	25	-	-	-	-	-	-	-	-	-	-	7	-
Virus	-	-	-	-	-	-	-	1	-	-	-	-	-
Chemicals	1	-	-	1	-	-	-	-	-	-	-	-	-
Others	16	1	-	4	-	1	-	-	-	1	2	-	-
Unknown	28	11	12	43	9	10	5	9	-	9	4	5	-
Total	1466	42	48	203	34	78	33	66	17	15	86	462	1
%	57.3	1.6	1.9	<i>7.9</i>	1.3	3.0	1.3	2.6	0. 7	0.6	3.4	18.1	0.0

Country Reports: POLAND 1993 – 1998

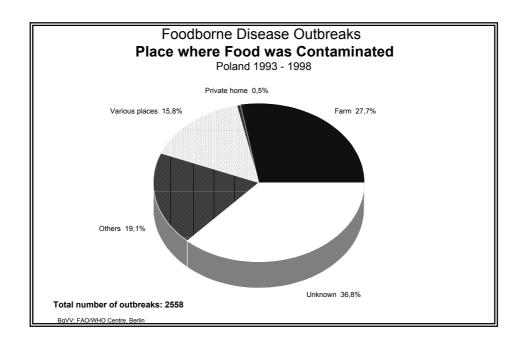
3.4.3 Place where food was contaminated

Table PO 11

Foodborne disease outbreaks by place where food was contaminated POLAND 1993 - 1998

					Year						
Place	1993	1994	1995	1996	1997	1998	199	3-98			
	No. of outbreaks No. %										
Private farm	136	122	129	100	95	126	708	27.7			
Socialized farm	7	10	3	7	4	4	35	1.4			
Water from stream, well or water pipe	6	15	6	4	4	1	36	1.4			
School, kindergarten	1	-	-	1	2	4	8	0.3			
Medical care facilities (Hospital, nursery)	1	-	-	1	1	3	6	0.2			
Private home	2	1	3	1	3	4	14	0.5			
Other	74	66	55	46	67	96	404	15.8			
Various places (2 and more)	95	113	65	40	43	49	405	15.8			
Unknown	146	194	179	189	109	125	942	36.8			
TOTAL	468	521	440	389	328	412	2558	100.0			

Figure PO 9



Country Reports: POLAND 1993 – 1998

Table PO 12

Foodborne disease outbreaks by place where food was contaminated and causative agent POLAND 1993 - 1998

	Private farm	Socialized farm	Welllocal supply	Private home	Canteen	School/kindergarten	Sanatorium	Hospital	Social care home	Orphanage	Restaurant/Cafe	Excursion	Others	Difficult to state	Various places	Unknown
	No. of outbreaks															
Salmonella	686	31	-	1	-	-	-	-	-	-	-	-	59	299	358	728
Botulism	-	-	-	8	-	-	-	-	-	-	-	-	_	1	_	1
E.coli	-	1	14	1	-	1	-	1	-	-	-	-	2	1	12	21
Shigella	-	-	15	1	-	2	-	-	1	3	-	1	-	-	6	25
Staph.aureus	6	2	-	1	1	1	1	-	1	1	-	1	2	5	24	27
Trichinella	14	1	-	-	-	-	-	-	-	-	-	-	9	1	_	6
Chemicals	-	-	-	1	-	-	-	-	-	-	-	-	1	-	-	-
Viruses	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1
Others	-	-	-	-	-	1	-	-	-	-	-	-	18	-	1	5
Unknown	2	1	6	2	-	2	-	-	-	-	-	-	3	1	6	122
Total	708	36	35	15	1	7	1	1	2	4	0	2	94	308	407	936
%	27.7	1.4	1.4	0.6	0.0	0.3	0.0	0.0	0.1	0.2	0.0	0.1	<i>3.7</i>	12.0	15.9	36.6

3.5 Contributing factors

Most often registered in outbreaks of foodborne and waterborne infections in Poland in 1991 - 1997 were:

- preparing of the dishes from contaminated raw materials (mainly eggs contaminated with *Salmonellae*;
- improper hot holding; and rarely -
- preparing food a day or more before serving (especially on the family ceremonies).