

# ***The concept of evidence-based toxicology***

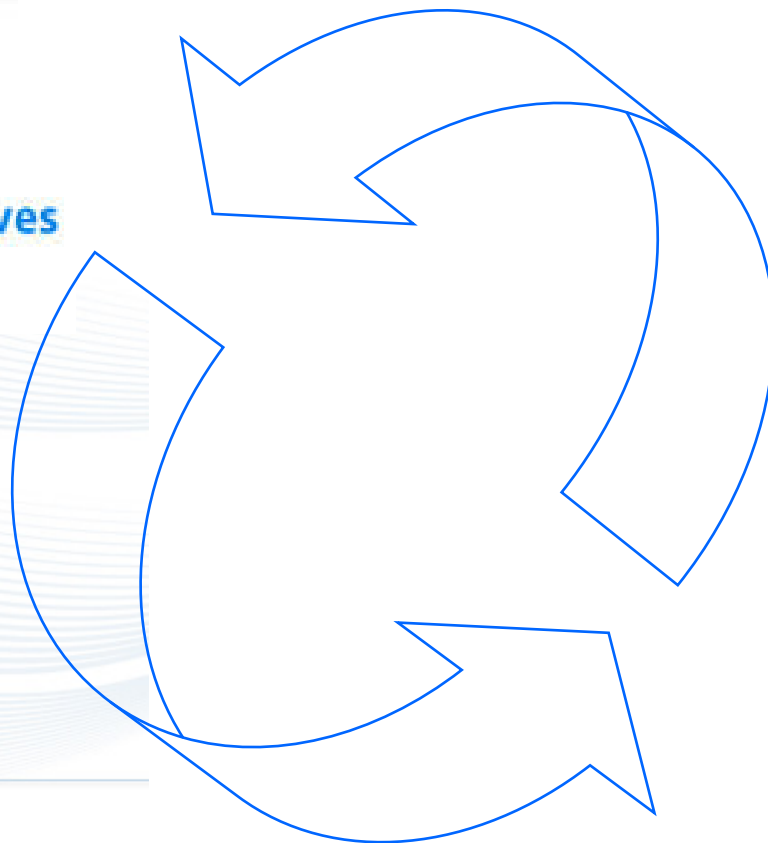
## **Thomas Hartung**

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Johns Hopkins University  
**Center for Alternatives  
to Animal Testing**







**R22 harmful if swallowed  
(LD<sub>50</sub> = 200mg/kg in rats)**

**R 36 irritant to eyes**

**R 37 respiratory irritant**

**R 38 irritant to skin**

**Not carcinogenic,  
but co-carcinogen (promotor)**

**Unclear mutagenicity**

**Embryonic malformations in  
cat, dog, rat, mice, rabbit,  
monkey**

***Unlikely to be brought to the  
market today***



## ***Actual use of aspirin***

- **> one million billion doses taken**
- **50,000 tons produced and 35,000 tons consumed per year**
- **>23,000 scientific papers on aspirin**
- **74 percent of the US population regards Aspirin as the eighth wonder of the world**
- **840 million \$ sales per year (35-40% in US)**
- **Britons: average 70 per person per year**
- **Even used for pre-eclampsia in pregnancy**





**Toxicology:**  
**Patchwork - every scandal gives one patch.**

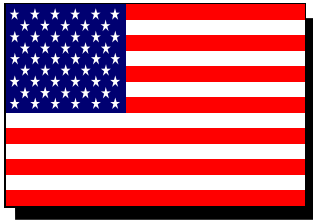
- **Many patches are 50-80 years old.**
- **No way to remove a patch.**
- **Every patch is of its own appearance and workmanship.**

## *Some limitations of toxicology*



- **Species differences**
- **Predictive capacity: false negatives and false positives (precautionary)**
- **Through-put**
- **Animal use**
- **High-dose to low-dose extrapolation**
- **Poor statistics**
- **Traditions - little adaptation to scientific progress, not knowledge- and hypothesis-driven**
- **Not applicable to new products**
- **Costs**
- **Lack of scientific control mechanisms**

## ***The Transatlantic Divide***



**Top-down development  
of new toxicological tools**

**Tox-21c**

**3Rs**

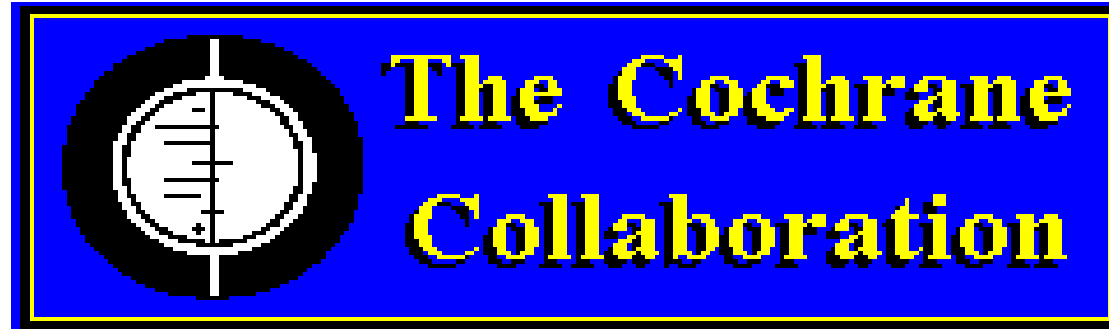
**ZEBET is the champion of this approach  
for the last 20 years**



***Both approaches do not address  
the traditional approach:  
Role model evidence-based medicine***

**Learning from experience may  
be nothing more than learning  
to make the same mistakes with  
increasing confidence.**

**Petr Skrabanek, James McCormick  
Follies and Fallacies in Medicine  
Tarragon Press, Glasgow, 1989**

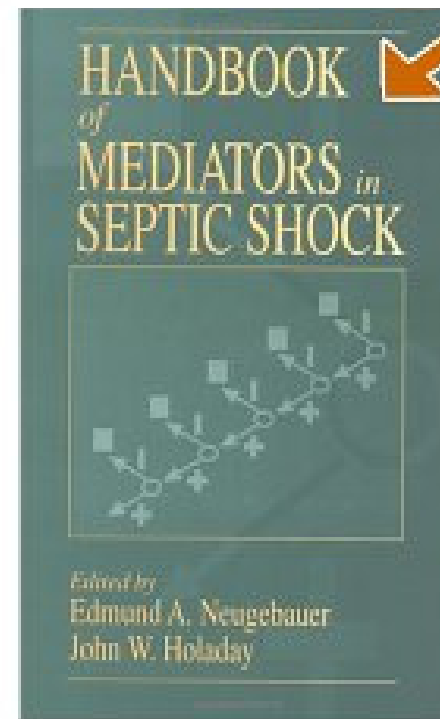


- Since 1974: „The Oxford Database of Perinatal Trials“ (3500 trials; 600 reviews)
- First Cochrane Center in 1992: Oxford, UK
- Cochrane Collaboration founded in 1993
- Today: a world-wide network of about 16.000 scientists, physicians, ...
- US Cochrane Center at Johns Hopkins

## ***My kick-off:***

**Application of  
EBM approaches**

**to in vitro  
to animal studies  
to clinical studies**



**CRC-Press  
1 edition  
(August 16, 1993)**

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### The gift from validation to life sciences

Validation of alternative tests is one of the rare examples of quality assurance in biomedical research (relevance, not only reproducibility)

**“Evidence-based medicine goes in vitro!”**

**Evidence-based Toxicology**

= know how good the test is, which you apply

- Tools:**
- Validation studies
  - Quality assurance (GLP, GCCP)
  - Systematic review & Meta-analysis



## *Towards an Evidence-based Toxicology*



**Expert-**

**vs.**



**evidence-based**

**toxicology**

## ***Evidence-based Toxicology***

**“Evidence-based medicine goes toxicology!”**



Human & Experimental Toxicology (2006) 25: 497–513

[www.sagepublications.com](http://www.sagepublications.com)

# **Toward an evidence-based toxicology**

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# *1st International Forum towards Evidence-Based Toxicology (EBT) October 15-18, 2007, Como, Italy*



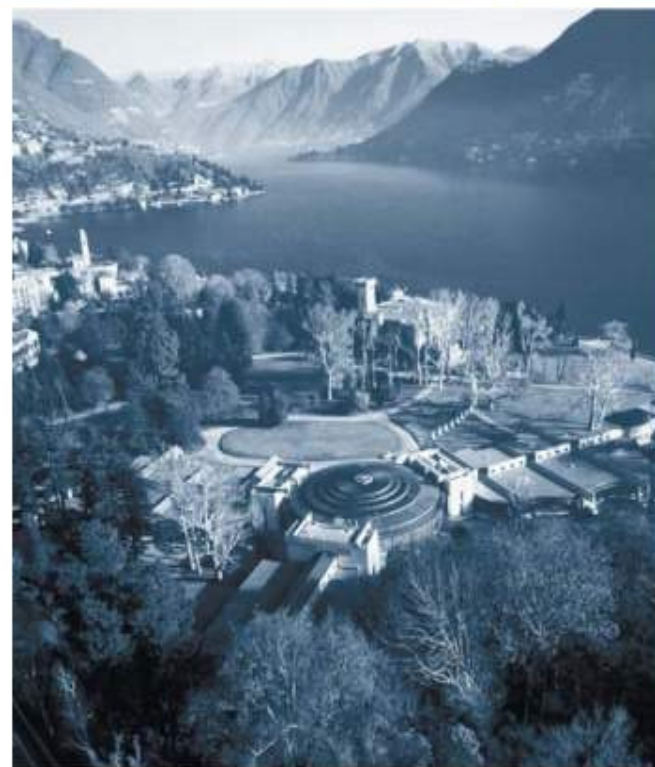
## *Scope*

DISCUSS methodologies and problems  
in toxicological safety assessment

EXPLORE the available concepts of  
evidence-based toxicology (EBT)

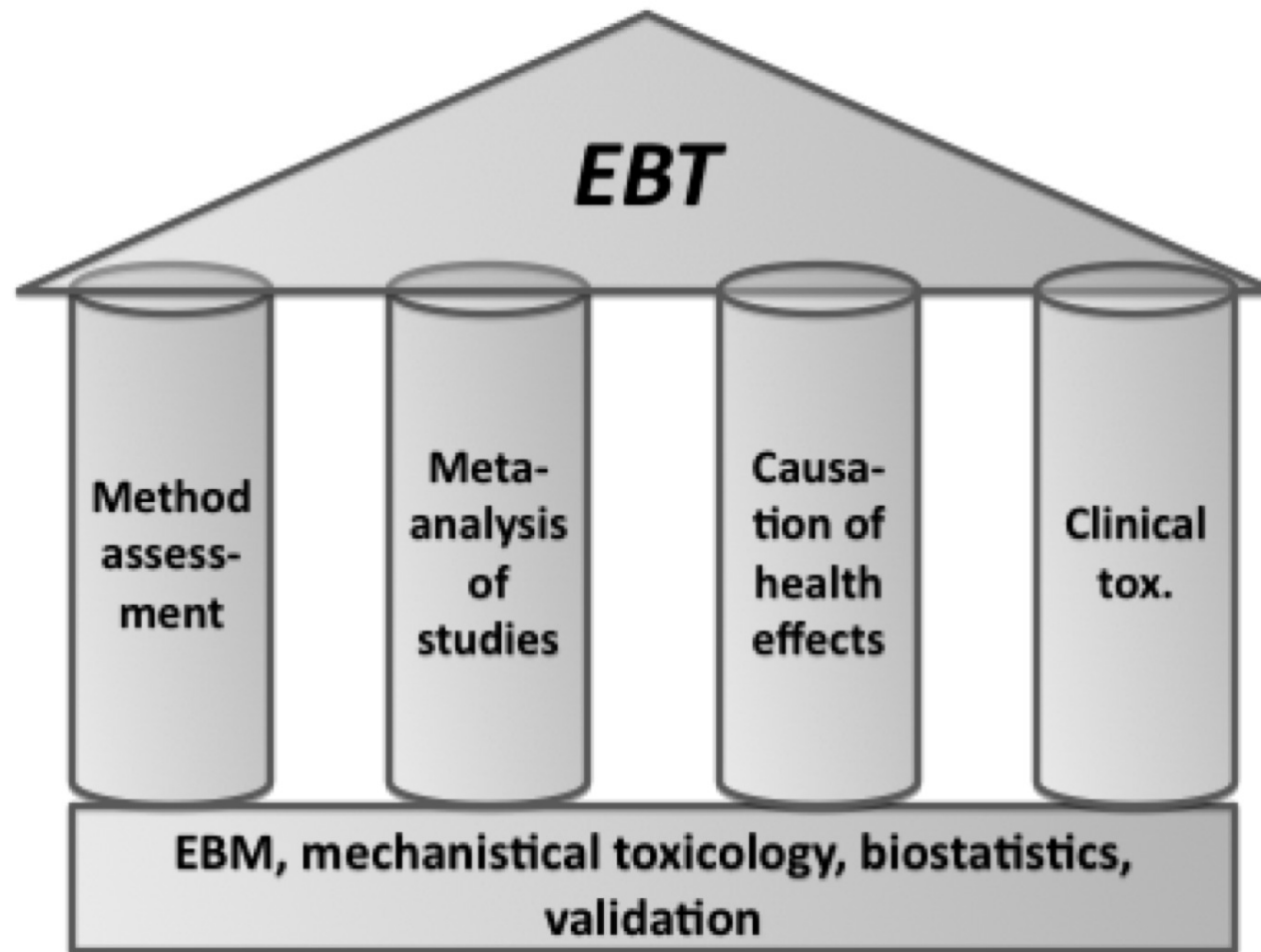
LAUNCH an initiative for formal  
implementation of evidence-based  
assessment approaches

<http://www.ebtox.org>



*Conference Centre  
Spazio Villa Erba*







## Results



## Facilitation steps

**Declaration**

**10 defining characteristics**

***Definition / mission statement***

**Proceedings**

**EBT symposium Eurotox, Rhodes  
Greece, 2008**

**Dissemination**

**Setting up method groups**

**Cross-fertilization with other  
e.b. disciplines**

## ***Development of a assessment tool for the inherent quality of toxicological data***

- **Categorizes quality according to Klimisch scores**
- **Independent, but largely similar tools for in vivo and in vitro data/studies**
- **Expert advisory group**
- **2 rater experiments:  
11 rater are applying the draft tool to 11 in vitro and in vivo studies**
- **Tool now available on the ECVAM website**
- **Paper published in Tox Letters**
- **Impact for existing data for REACH**

## Johns Hopkins is the right environment for EBT

