

# The OHAT approach:

Assessing risk-of-bias in individual epidemiological studies to support evidence integration, public health decision making

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National Institutes of Health • U.S. Department of Health and Human Services



• The views and opinions presented here do not necessarily represent the views of NIEHS, NIH, or the US federal government





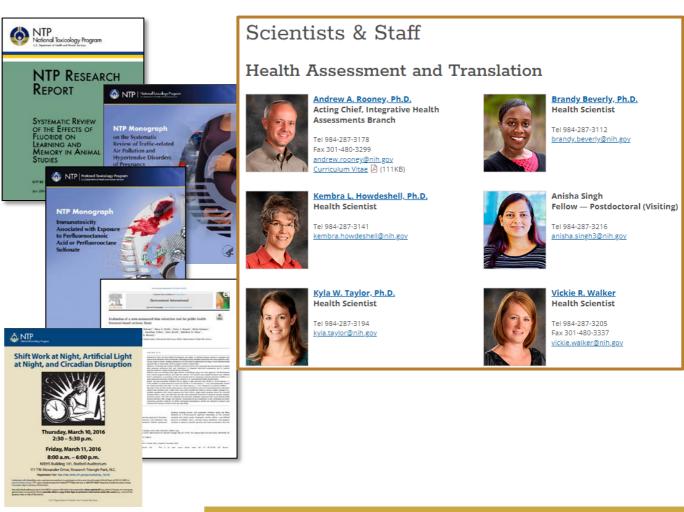
### Today's talk

- Introduction to Health Assessment and Translation group (formerly OHAT)
- Background on risk-of-bias
- OHAT risk-of-bias tool
  - Domains for observational studies in humans
  - How to make a risk-of-bias judgement
- Risk-of-bias for an individual study and across studies
- Evidence integration



### Health Assessment and Translation Group (formerly OHAT) Integrative Health Assessments Branch, Division of Translational Toxicology, NIEHS

- Serves as environmental health resource to the public, government and regulatory agencies
- Develops and applies innovative approaches to produce fit-for-purpose literature assessments to support public health decision making
- Conduct literature-based evaluations
  - NTP Monographs and NTP Research Reports
  - Hazard assessments
  - Systematic reviews and meta-analyses
  - Systematic evidence maps



https://www.niehs.nih.gov/research/atniehs/labs/iha/ohat/index.cfm

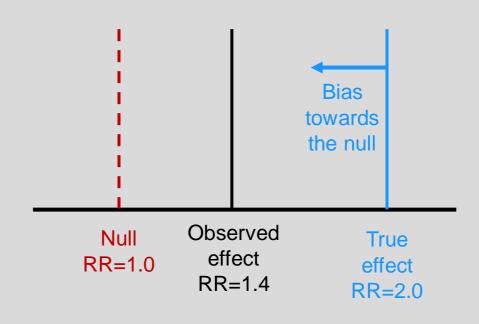


### **Risk-of-bias**

### What is risk-of-bias?

- Bias is a systematic error, or deviation from the truth, in results or inferences
- Can lead to underestimation or overestimation
  of true effect
  - Bias towards or away from the null
- Actual bias cannot be measured
- However, potential for bias can be systematically and transparently judged by experienced reviewer

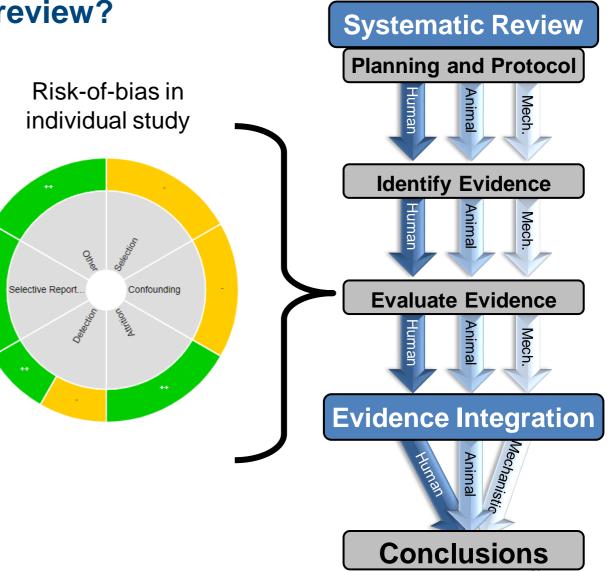
### **Direction of bias**





### Why assess risk-of-bias in systematic review?

- Critical, transparent, and consistent evaluation of the body of evidence is required for a systematic review
- Identifying and characterizing riskof-bias in an individual study informs assessment of confidence in a body of evidence





### **OHAT** approach

- Parallel approach to assessing risk-of-bias in human and non-human studies
- Study design determines applicability of questions
- Domain based assessment
- Facilitates consideration of risk-of-bias across evidence streams with common terms and categories

| RoB Domains             | Risk-of-bias prompting questions   | Animal                    | Human |       |
|-------------------------|--|---------------------------|-------|-------|
|                         |  |                           | RCT   | Obs.* |
| Selection               | 1. Was administered dose or exposure level adequately randomized?                              |                           |       |       |
|                         | 2. Was allocation to study groups adequately concealed?  | ups adequately concealed? |       |       |
|                         | 3. Did selection of study participants result in appropriate comparison groups?                |                           |       |       |
| Confounding             | 4. Did the study design or analysis account for important confounding and modifying variables? |                           |       |       |
| Performance             | 5. Were experimental conditions identical across study groups?                                 |                           |       |       |
|                         | 6. Were the research personnel and human subjects blinded to the study group during the study? |                           |       |       |
| Attrition/<br>exclusion | 7. Were outcome data complete with respect to attrition or exclusion from analysis?            |                           |       |       |
| Detection               | 8. Can we be confident in the exposure characterization?                                       |                           |       |       |
|                         | 9. Can we be confident in the outcome assessment?  |                           |       |       |
| Selective reporting     | 10. Were all measured outcomes reported?   |                           |       |       |
| Other sources of bias   | 11. Were any other potential threats to internal validity                                      |                           |       |       |

\*For observational studies, applies to different study designs (e.g., cohort, cross-sectional, case-control)

## **OHAT risk-of-bias tool**



### **OHAT risk-of-bias tool**

### **OHAT** approach

 Seven risk-of-bias questions that are relevant to human observational studies

| RoB Domains             | Risk-of-bias prompting questions   | Animal | Human |       |
|-------------------------|--|--------|-------|-------|
|                         |  |        | RCT   | Obs.* |
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\*For observational studies, applies to different study designs (e.g., cohort, cross-sectional, case-control)



### **OHAT risk-of-bias tool**

### **Risk-of-bias judgements for each domain**

#### **Definitely Low**

Direct evidence of low risk-of-bias practices

#### **Probably Low**

Indirect evidence of low risk-of-bias practices

### **Probably High/NR**

Indirect evidence of high risk-of-bias practices

### **Definitely High**

Direct evidence of high risk-of-bias practices NR= Not reported

- Specific guidance for assessing risk-of-bias will change across evaluations
  - Especially for exposure assessment, outcome assessment, selection, and confounding
- Project-specific protocol customizes guidance
  - Developed with input from subject matter experts/technical advisors
  - Peer review of protocol/risk-of-bias assessment
- Direction and magnitude of bias considered

Note: Not Reported (NR) is assumed to be equivalent to probably high risk of bias

#### Evaluation of Traffic Related Air Pollution and Selected Health Outcom

#### PROTOCOL FOR A SYSTEMATIC REVIEW OF TRAFFIC-RELATED AIR POLLUTION AND SELECTED HEALTH OUTCOMES

Project Co-Leaders: Brandiese E.J. Beverly, PhD and Kembra Howdeshell, PhD, Office of Health Assessment and Translation (OHAT), DNTP

ummary: NTP is conducting a systematic review to evaluate the evidence for an association betwee affic-related air pollution and hypertensive disorders of pregnancy. The protocol is detailed in this ocument.



#### Date Original Protocol Published: June 20

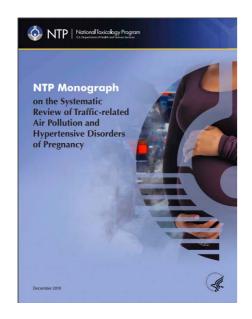
ate Revised Protocol Published: December 12, 2019; reflecting revisions made through August 7, 2019

Documentation of Revisions to the Protocol: The principal revisions are detailed in the Protocol History and Revisions Table on Page 32 including the reasons for each revision. In addition, updated language or new text starts with the word "Revision.". Strikethrough text indicates original text that has been modified, and new text is marked in bold text.



### Project-specific risk-of-bias criteria

- For each question we use project specific RoB criteria to determine if an individual study "fits" into one of the four rating options
- For example, a "definitely low" rating requires "direct evidence"



### **RoB Question:** Can we be confident in the exposure characterization?

#### **Cohort - Definitely Low Risk-of-bias (++)**

Direct evidence that more than one traffic-related air pollutant was reported

**AND** exposure was consistently assessed using well-established methods that directly measure exposure,

**OR** exposure was assessed using less-established methods that directly measure exposure and are validated against well-established methods,

**AND** exposure was assessed in a relevant time-window and reasonably well aligned with the outcome,

**AND** there is sufficient range or variation in exposure measurements across groups to potentially identify associations with health outcomes,

**AND** there is evidence that most of the exposure data measurements are above the limit of quantitation for the assay, and measured with good accuracy and precision such that different exposure groups can be distinguished.

**Note:** Data on cross-validation R2 and/or sensitivity/subgroup analyses (e.g., selecting only subjects residing within a specified short distance from a road site monitor) may indicate a study has lower risk of bias, but the absence of such analyses will not penalize a study.



### Project-specific risk-of-bias criteria

#### Question: Can we be confident in the exposure characterization?

#### Cohort - Definitely Low Risk-of-bias (++)

Direct evidence that more than one traffic-related air pollutant was reported

**AND** exposure was consistently assessed using well-established methods that directly measure exposure,

**OR** exposure was assessed using less-established methods that directly measure exposure and are validated against well-established methods,

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**Note:** Data on cross-validation R2 and/or sensitivity/subgroup analyses (e.g., selecting only subjects residing within a specified short distance from a road site monitor) may indicate a study has lower risk of bias, but the absence of such analyses will not penalize a study.

#### Cohort - Probably Low Risk-of-bias (+)

Indirect evidence that the exposure was consistently assessed using well-established methods that directly measure exposure,

OR exposure was assessed using less-established methods that directly measure exposure,

AND exposure was assessed in a relevant time-window and reasonably well aligned with the outcome,

**AND** there is sufficient range or variation in exposure measurements across groups to potentially identify associations with health outcomes, •

**AND** there is evidence that most of the exposure data measurements are above the limit of quantitation for the assay and measured with good accuracy and precision such that different exposure groups can be distinguished.

#### Probably High Risk of Bias (-) or (NR)

Indirect evidence that the exposure was assessed using poorly validated methods that directly measure exposure

**AND** indirect evidence that exposure assessment does not adequately reflect relevant exposure levels (e.g., poor density of data, poor data quality, many missing values, substantial data misalignment),

**OR** there is evidence that the exposure was assessed using indirect measures that have not been validated or empirically shown to be consistent with methods that directly measure exposure (e.g., questionnaire, self-report without validation),

**OR** there is insufficient information provided about the exposure assessment, including validity and reliability, but no evidence for concern about the method used (record "NR" as basis for answer).

#### Definitely High Risk of Bias (--)

Direct evidence that the exposure was assessed using methods with poor validity,

**AND** direct evidence that exposure assessment does not adequately reflect relevant exposure levels (e.g., poor density of data, poor data quality, many missing values, substantial data misalignment),

**OR** evidence of substantial exposure misclassification.



### Web-based study assessment in HAWC

### **Individual reviewer**

Selective Reporting

Were all measured outcomes reported?

Reviewer 1

Probably low risk of bias

All outcomes outlined in the abstract, introduction, and methods are reported, but most data was provided only qualitatively.

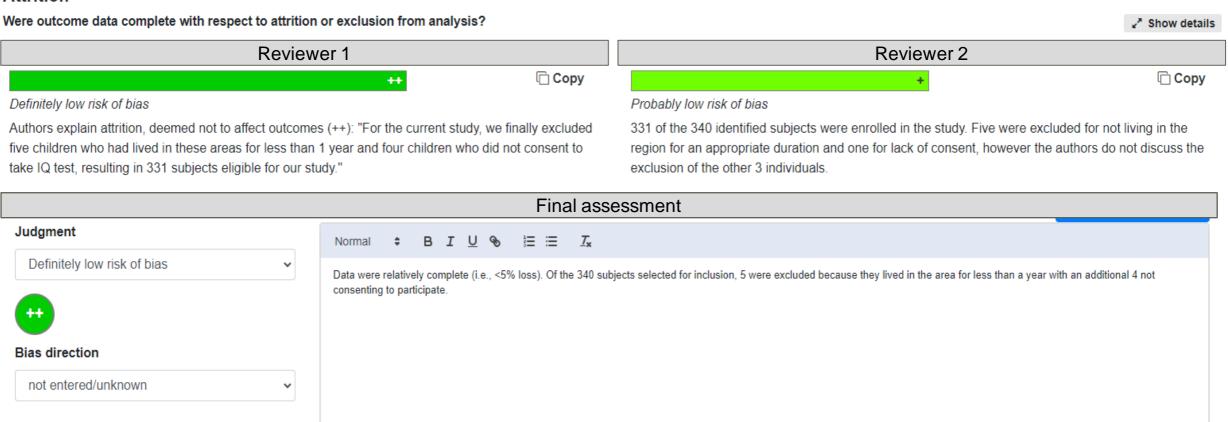
|                           |   | + Create new overrid  | le |
|---------------------------|---|---|----|
| Judgment                  |   | Normal ≑ B I U % ≟≣ ≔ T <sub>x</sub>  |    |
| Probably low risk of bias | ~ | All outcomes outlined in the abstract, introduction, and methods are reported, but most data was provided only qualitatively. |    |
| +                         |   |   |    |
| Bias direction            |   |   |    |
| not entered/unknown       | ~ |   |    |
|                           |   |   |    |
|                           |   |   |    |





### Web-based study assessment in HAWC

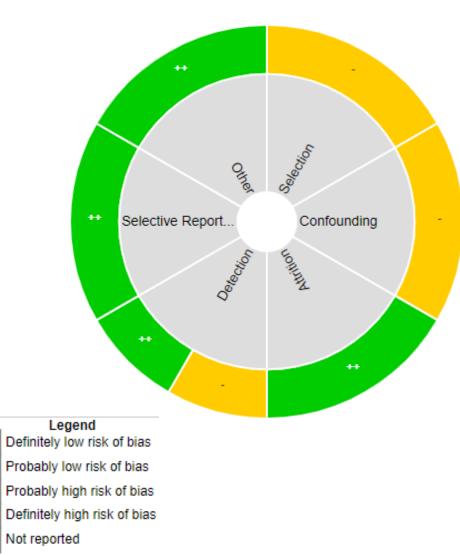
Attrition





### **Overall risk-of-bias in an individual study**

### **RoB for an individual study**

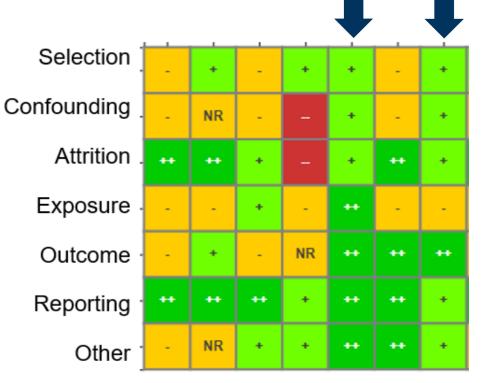


- Tiered approach for determining study quality of an individual study
- Not all domains contribute equally to overall risk-of-bias for a study
- Key domains typically include
  - confounding bias
  - exposure characterization
  - outcome assessment



### How RoB is incorporated into evidence integration

- Lower RoB studies are more informative for developing conclusions
- However, studies are not excluded from an evaluation if they are higher RoB
  - Typically summarized
  - They may provide important information
  - Can be used in sensitivity analyses



### More informative studies



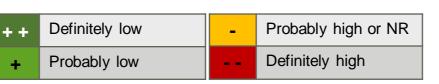


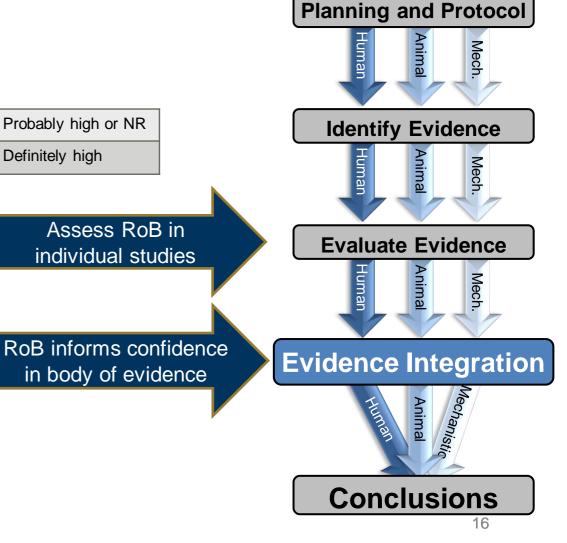
### To summarize....

**Systematic Review** 

### **OHAT risk-of-bias tool**

- Six risk-of-bias domains (7 RoB questions) for observational studies
- Four response options:
- Assess risk-of-bias individual studies
- Risk-of-bias across studies used to support evidence integration
  - Low RoB studies are most informative to conclusions
  - RoB across studies contribute to confidence in body of evidence







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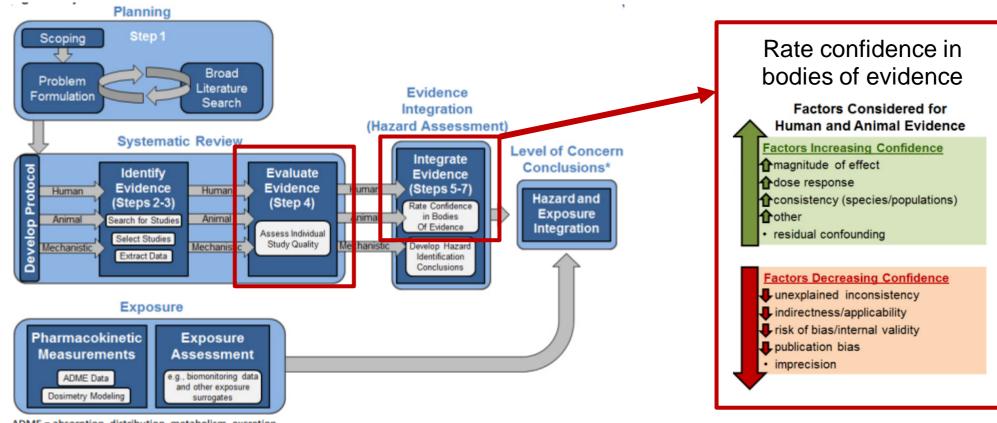
Amy Wang, PhD







# Risk-of-bias in the context of OHAT hazard identification or level of concern conclusion



ADME = absorption, distribution, metabolism, excretion

\*NTP is currently updating the NTP approach for reaching level of concern conclusions (expected 2016/2017)