



Bundesinstitut für Risikobewertung

# Models used to detect skeletal anomalies: applications, limitations and future perspectives

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# Testing for teratogenicity: historic background

- late 1950/early 1960s: Thalidomide was sold in Germany
- broad public discussion about regulation and use of teratogenic substances
- exemplified **limitations of animal testing** strategies at that time
- direct consequence: preclinical testing for teratogenicity of drugs became part of German Law (Arzneimittelgesetz der BRD von 1978)



source: http://www.contergan.grunenthal.info



# Testing for teratogenicity: present

International Council for Harmonisation (ICH): **safety** guideline S5 (R2)

medicinal products

Organisation for Economic Co-operation and Development (OECD): guideline 414

- general testing of chemicals
- testing in **two distinct species**
- animal recieves test substance during pregnancy (beginning to estimated end)
- pregnant animal is sacrificed and fetuses are removed for further testing
- removal of soft and connective tissues followed by staining for chondrogenic and mineralised parts of the skeleton



Retting et al., Development, 2009



## **Testing for teratogenicity: current limitations**

Research into Thalidomide exposes limitations of animal testing:

- mice or rats fail to predict thalidomide teratogenicity in humans
- species-specific differences in physiology and metabolism [1]
- distinct effective doses in between different species [2]
- using animals that are phylogenetic closer to humans (e.g. nonhuman primates) does not facilitate the identification of all human teratogens [3]

**EU regulation**: Registration, Evaluation, Authorization and Restriction of Chemicals (**REACH**)

- testing of  $\geq$  68.000 substances within the next decade
- approximately 9 [4] 54 [5] million animals would be needed
- 70% 90% animals for reproductive/developmental toxicity testing [5]
- cost and time demanding

Lu, J. et al. J Pharmacol Exp Ther, 2004
Newman, L. M. et al. Reprod Toxicol, 1993
Schardein, JL. Chemically Induced Birth Defects, 1985

[4] ECHA press release, ECHA/PR/09/11, 2009

[5] Rovida, C. et al. Altex, 2009



Muschler et al., Tissue Engineering Part B, 2009



Source: Rajesh mpt,CC BY-SA 4.0 commons.wikimedia.org





# Testing for skeletal teratogenicity: alternatives

Spoiler: The complexity of embryogenesis and maternal-fetal interaction will not be recreated as an *in vitro* model in the foreseable future!



The **specific** inhibition of tissue or organ growth due to exposure to a given substance.

e.g. : **Tetracycline**-based anitbiotics are incorporated into bone matrix instead of calcium

-> deformations, **disruption of endochondral ossification** and therefore **longitudial bone** growth

Alternatives: *In vitro* assays that display key events in human bone formation

Teratogenicity is based on **secondary effects** of the substance in question.

e.g. Non-physiologic exposure to **retinoic acid** causes spatial disruption of symmetry axes by **altering Hox-gene expression**.

-> deformations of **skull and limbs** but also eyes and central nervous system

Alternatives: **Change of organisms** towards smaller animals (conserved development process across vertebrae species, higher throughput, less ethical dilemma)



# Alternatives for testing skeletal teratogenicity

# Whole embryo culture (WEC)



Zhang et al., Chemical Research in Toxicology, 2016

Pharyngeal

Otic placode heart

Primitive

spinal cord

arches

#### Limb bud micromass culture



# Zebrafish embryo culture



# **Osteo EST**



Sittner et al. Applied In Vitro Toxicology, 2016

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bone development – intramembranous ossification



Haugen et al. Frontiers in Endocrinology (2018)

Frank Schulze, September 2018, 9th Berlin Workshop on Developmental Toxicology

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#### 3D models of endochondral ossification

proliferation, condensation and subsequent remodelling mineralisation and vascularisation hypertrophy of chondrocytes In vivo Situation Resorption Adapted from: Salazar, V. S., Nature Reviews Endocrinololgy (2016) Masson's trichrome 3D µCT Safranin-o Α A Mineralization In vitro Chondrogenic differentiation ratified Il laver Cell ball в In vivo 5w 100 µ 100 um In vivo 12w Foster et al. Birth Defects Research (2015) Scotti et al. PNAS (2013) Sasaki et al. Integrative Biology (2012)

bone development – endochondral ossification



#### Recreating key parameters in bone biology: combining organoids and bioreactors



Schulze et al. unpublished work

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# Conclusion

While **direct effects** on skeletal development **can be detected** *in vitro*, **indirect effects** cannot due to a **lack of complexity** and systemic interaction.

Investing in reliable *in vitro* test systems will be beneficial since:

- they allow **supplementation** of *in vivo* testing
- low-throughput sophisticated 3D models can help elucidate biology and key events bone development
- **key events** -> simplified model (multi-titer) for **high throughput** applications
- low-cost and high throughput in vitro methods can help to prioritize chemicals for testing in vivo
- potential for the **reduction** of test animals
- combination with other organ/tissue models (placental barrier, liver) can elevate physiologic relevance

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# Thank you for your attention

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