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Does the quality of food affect the personality and cognitive abilities of mice?

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Let's start with the basics



Cognitive flexibility



Personality



Food quality



• Animals need behavioral and cognitive flexibility to quickly show appropriate changes in behavior in response to changes in their environment

Cognitive flexibility = differences in ability to learn and remember

More flexible individuals will perform better while individuals with less flexibility will be persistent and make more mistakes



• Cognitive abilities and information processing are often associated with differences in personality

- Individuals with higher levels of cognitive development may display more complex and/or demanding traits
- Personality refers to differences in behavior that remain stable and correlated with each other regardless of time and context





• Driving force for changing behavior is the availability and quality of food



- Bolder
- More interest in exploring
- Less flexible



- Shy
- Less interest in exploring
- More flexible

Mus musculus domesticus

Standard-quality (SQ) food in 5th generation



n=21

High-quality (HQ) food in 5th generation



n=18

What do we expect?



Would show less cognitive flexibility

Would show more cognitive flexibility

Novel object



• Latency

- Number
- Time spent with object
- Repeatability

Object was reintroduced again after 3 weeks







- Latency to interact
- Number of interaction
- Time of interaction

9

Results



p = 0.7676





p = 0.2305



No diet effect

Novel object 🚳



Results

| | SQ | HQ |
|---------|----|---------|
| R | 0 | 0.572 |
| P [LRT] | 1 | 0.00522 |

No repeatability in SQ, not significant Repeatability in HQ

Results



SQ



| | SQ | HQ |
|---------|-------|-------|
| R | 0.205 | 0.201 |
| P [LRT] | 0.201 | 0.229 |

No difference in both diet, not significant

Results





| | SQ | HQ |
|---------|----|-------|
| R | 0 | 0.119 |
| P [LRT] | 1 | 0.293 |

No repeatability in SQ Some repeatability in HQ Both not significant





Difference in latency in Introduction





Difference in latency in Solving



Difference in time spent examining an object in Introduction



Difference in time spent examining an object in Solving

0





Difference in numbers of examinations in Introduction





Difference in numbers of examinations in Solving

0





Mice on SQ diet show more cognitive flexibility than those on HQ

What do we expect?



What did we get



SQ diet











Take home message

> We have shown that **food quality affects cognition** in mice but **not personality**

- Despite our expectations, mice on the SQ diet were more flexible, despite being on a less advantageous diet for cognitive flexibility
- Perhaps behavioural flexibility in this case was more advantageous for our mice on both diets than cognitive flexibility

Thank you for your attention

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