# Good welfare – good scientific output: Refining husbandry and procedures for primates in the laboratory

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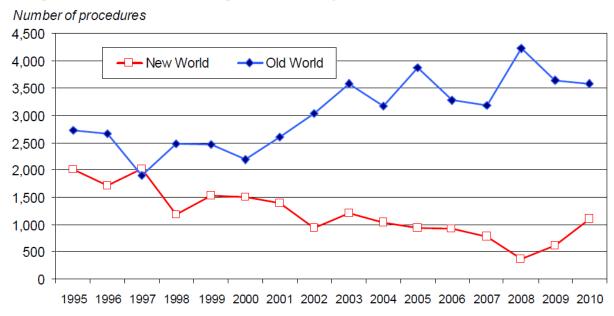
# Why primates?

**Total:** 4,688 procedures in 2010, and 66% in **toxicology** 



Same principles

Figure 4: Procedures using non-human primates, 1995-2010



Source: Home Office. Statistics of Scientific Procedures on Living Animals Great Britain

#### Refinement is about animal welfare:

"Any approach which avoids or minimises the actual or potential pain, distress and other adverse effects experienced at any time during the life of the animals involved, and which enhances their well-being" Buchanan-Smith et al., 2005





Photo credit: NC3Rs

# Promoting good welfare

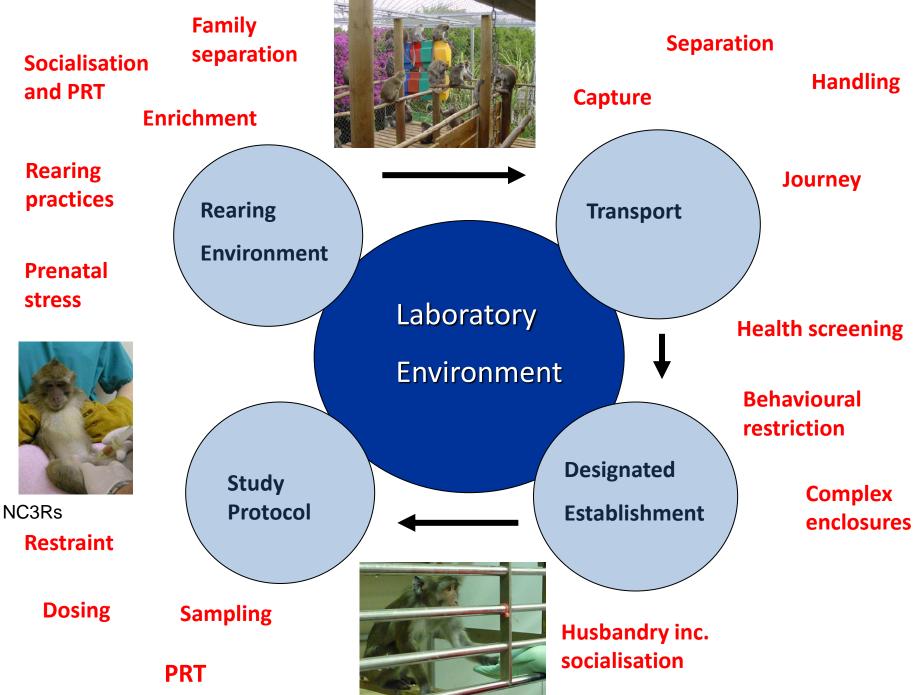
- Social housing
- Appropriate weaning age
- Large, complex enclosures
- Socialisation with humans
- Positive reinforcement training



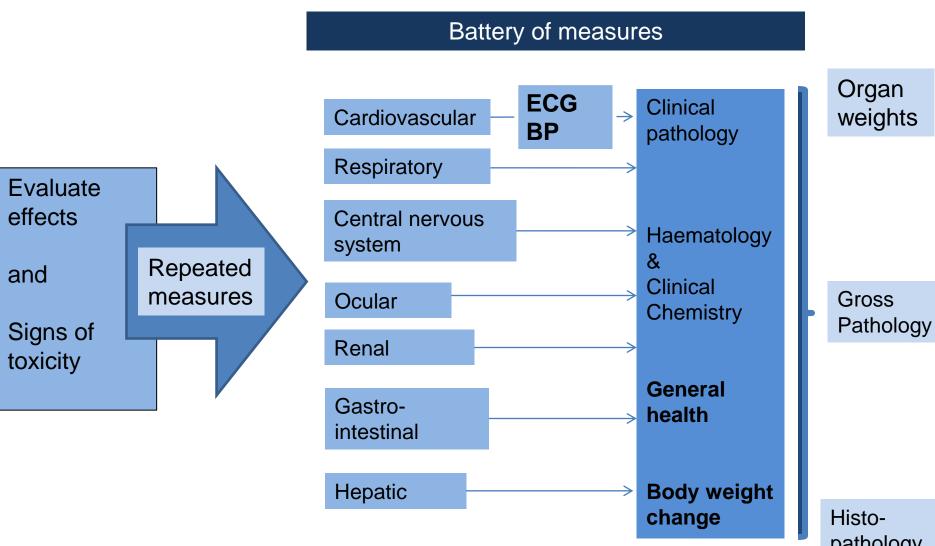
Photo credit: Keith Morris



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## In vivo model in regulatory toxicology



pathology

#### Overlapping measures – toxicity and welfare

# Physical coat & body condition, body weight fluctuation

longevity, growth rate, susceptibility to disease, reproduction and infant care, individual nutritional requirements, wound healing, postmortem indicators.

#### Clinical

heart rate, blood pressure, haematology, biochemistry,

body temperature, cortisol, immunological functions.

#### **Behavioural**

repertoire & activity budgets
(including grooming, sleeping, play,
social and aggressive behaviours, facial
expressions and vocalizations).

JWGR (2009)

#### The link between good welfare & good scientific output

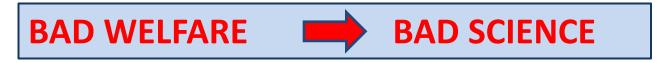
#### **Good welfare**

- Normal and stable
- Acclimatised (NRC 1996; Weed & Raber 2005)

#### **Good scientific output**

- Valid the right measure!
- Reliable & Repeatable (precision, consistency, absence of confounding factors & unplanned variation)

#### The link



- Compromised welfare affects behaviour, physiology and immunology
  - unreliable conclusions?
- unwanted variation in scientific output?

### Repeatability - Acclimatisation

Rhesus macaques, 6 mo acclimatisation (n=6m, 6f)

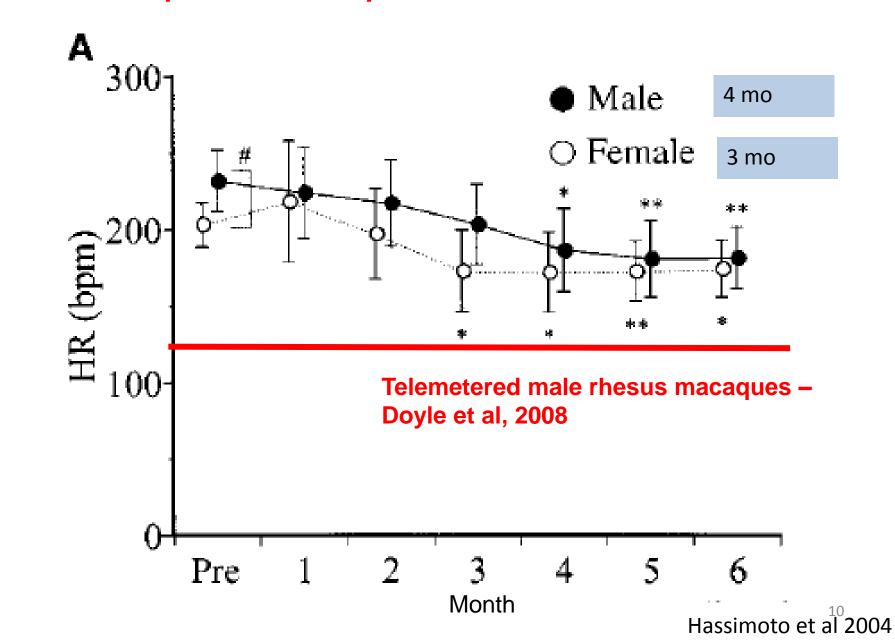
Week 1 after arrival - habituation to:

- Body-touching and hand-feeding (every day),
- 10 min chair restraint (twice a week),
- Water gavage (twice a week)
- Blood sampling and ECG recordings (every month)

# Is 6 month acclimatisation period sufficient?

- Cardiac parameters
- Haematology
- Biochemistry

#### Repeatability - Acclimatisation



#### Repeatability - Acclimatisation

Blood	Change over 6 mo		
parameter	Mean value	SD	
WBC			
RBC			
PLT	<b>1</b>		
HGB			
НСТ		<b>†</b>	
ALP			
CRE	<b>†</b>	<b>†</b>	
T-CHO	<b>†</b>	<b>†</b>	
PL		<b>†</b>	
ALB			
GLU			
Na			



Hassimoto et al 2004

#### **RESTRAINT** — a welfare problem, a science quality problem

Parameter	Change	Author
Heart rate	1	Line et al 1991; Schnell & Wood 1993; Hassimoto & Herada 2003; Jenkins et al 2008; Kelly et al in prep
Readability/Quality of ECG trace	I	Kelly et al in prep
Blood pressure	1	Golub and Anderson 1986; <b>Schnell</b> and Wood 1993; Schmelting et al 2008; Hassimoto & Herada 2003
Respiration rate	1	Berendt & Williams 1971
Blood – haematology*	1 1	Loomis, Henrickson & Anderson 1980; Hassimoto et al 2004
Blood – biochemistry*	1 1	Landi et al 1990; Hassimoto et al 2004

<sup>\*</sup> Individual parameters vary

# **Telemetry**

- Reduces research animal stress from restraint, and improves quality of data.
- Interplay 2Rs (Reduction and Refinement) and opposing effects within Refinement.
- May be +ve Refinement, +ve Reduction.

- Not feasible for all research animals
  - Surgery
  - Expense
  - o Time

#### **CHANGING RESTRAINT - to improve welfare and science**

Refinement	Parameter change	Author
Socialisation with care staff	Fearful behaviour towards care staff	Clay et al 2009
	<b>Blood pressure</b>	Tasker et al in prep
Restraint technique	HR Trace quality	Kelly et al in prep
Habituation to restraint	Blood pressure Variation	Schmelting et al 2008 Tasker et al in prep
Training (PRT)	Fearful behaviour & stress- related behaviours Self-injurious behaviour Plasma cortisol Lymphocytes Neutrophils	Clay et al 2009  Bassett et al 2003  Baker et al 2003  Reinhardt 1992  Bentson et al 2003; Koban et al 2005
	Cooperation	Reinhardt & Cowley 1992

# Bass et al (2009)

 Assessment of the potential for cardiotoxicity, including arrhythmias, is paramount to assure appropriate monitoring for human safety.

• Sensitivity of identifying cardiac risk (arrhythmias and ventricular repolarization as seen in test article-related changes in the QT and QTc intervals) is significantly improved in non-restrained versus restrained cynomolgus macaques.

#### **Conclusions**

Improved positive socialisation with humans, and improved restraint impacts on:

#### Physical health

Closer to normal, stable - baseline measures

#### **Behaviour**

Fear responses to care staff, during handling & CV data collection

#### Cardiovascular (HR & BP)

- Lower baseline values
  - Greater accuracy to quantify drug-induced changes
- Fewer trace artefacts e.g. movement, vocalisation, tension
  - Cleaner traces, easier to determine arrhythmias
- Faster data collection
- Better repeatability (less variation). 5 x BP measures

Enhanced socialisation ⇒ better welfare ⇒ better scientific output + improved restraint & PRT

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#### **Providers of images**

#### **Funders**

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#### Just launched: <a href="http://marmosetcare.com/">http://marmosetcare.com/</a>

