

BfR-BVL Joint Meeting: “Super(?)foods and Supplements – Risky or Healthy?”

Meeting date: **30 June 2022 – 10:00 a.m.**

Meeting date end: **1 July 2022 – 4:00 p.m.**

Meeting venue: **BfR, Berlin-Marienfelde**

Agenda

• Time	• Title/Topic	• Speaker
• Day 1 – Moderator: Katja Nellissen		
• 10:00 a.m. Registration and coffee		
• 11:00 a.m.	• Welcome speeches	<ul style="list-style-type: none"> • Andreas Hensel (President of the German Federal Institute for Risk Assessment (BfR), DE) • Friedel Cramer (President of the Federal Office of Consumer Protection and Food Safety (BVL), DE)
• 11:25 a.m.	• EFSA’s role in the assessment of health claims and novel foods including nutrient sources	<ul style="list-style-type: none"> • Ana Afonso (European Food Safety Authority (EFSA), IT)
• 11:45 a.m.	• “Superfoods” and supplements – an overview	<ul style="list-style-type: none"> • Marc Birringer (University of Applied Sciences Fulda, DE)
• Session 1: “Superfoods” and supplements - industry and consumer perspectives		
• 12:15 p.m.	• The evolution of global regulatory frameworks for food supplements	<ul style="list-style-type: none"> • Simon Pettman (International Alliance of Dietary/Food Supplement Associations (IADSA), UK)
• 12:45 - 2:15 p.m. – Lunch break		
• 2:15 p.m.	• Consumer perception of “superfoods”	<ul style="list-style-type: none"> • Mark Lohmann (German Federal Institute for Risk Assessment (BfR), DE)

• Time	• Title/Topic	• Speaker
• Session 2: “Superfoods” and supplements – regulatory aspects		
• 2:45 p.m.	• “Superfoods”, supplements, novel foods	• Isabelle Laquiere (Federal Public Service Health, Food Chain Safety and Environment (FPS Public Health), BE)
• 3:15 p.m.	• Classification of other substances – the D-A-CH-lists of substances and other lists on the national level	• Klaus Riediger (Austrian Agency for Health and Food Safety (AGES), AT)
• 3:45 p.m.	• Initiative on European level (Heads of Agencies) for classification – pharmacologically active substances in food supplements	• Jacqueline Steenberg-Biesterbos (Netherlands Food and Consumer Product Safety Authority (NVWA), NL)
• 4:15 - 4:45 p.m. – Coffee break		
• 4:45 p.m.	• Borderline medicinal products/foods – limits of “dual use”	• Tomas Nilsson (Swedish Medical Products Agency (MPA), SE)
• 5:15 p.m. – End of the session and get-together		
• Day 2 – Moderator: Katja Nellissen		
• 9:30 a.m. – Welcome and coffee		
• Session 3: “Superfoods” and supplements – risk assessment		
• 10:15 a.m.	• Risk assessment approaches and methodology – an overview	• Karen I. Hirsch-Ernst (German Federal Institute for Risk Assessment (BfR), DE)
• 10:45 a.m.	• Risk assessment of “superfoods” and supplements (examples)	• Susanne Alban (Christian-Albrecht University of Kiel, DE)

• Time	• Title/Topic	• Speaker
• 11:15 a.m.	• “Superfoods” – contribution to health and well-being: expectations and reality	• Anika Wagner (Justus Liebig University Gießen, DE)
• 11:45 a.m. – 1:00 p.m. – Lunch break		
• Session 4: “Superfoods” and supplements – consumer perception, research, nutravigilance		
• 1:00 p.m.	• The global internet market/ surveillance of “superfoods” and supplements – results of governmental monitoring	• Georg Schreiber (Federal Office of Consumer Protection and Food Safety (BVL), DE)
• 1:30 p.m.	• How is food transformed into “superfood”?	• Julia Sausmikat (Consumer Association North Rhine-Westphalia, DE)
• 2:00 p.m.	• Combatting counterfeit “superfoods”	• Peter Nick (Karlsruhe Institute of Technology (KIT), DE)
• 2:30 – 3:00 p.m. – Coffee break		
• 3:00 p.m.	• Nutravigilance of food supplements in Europe	• Gwenn Vo Van Regnault (French Agency for Food, Environmental and Occupational Health & Safety (ANSES), FR)
• 3:30 p.m.	• Reflections / closing remarks and farewell	• Georg Schreiber (Federal Office of Consumer Protection and Food Safety (BVL), DE) • Tanja Schwerdtle (Vice President of the German Federal Institute for Risk Assessment (BfR), DE)
• 4:00 p.m. – End of the conference		